

**We are here for
YOU!**

**Call toll free
1-877-770-4801
for information**

Regional Office Locations

Eastern Shore Region

611B Dutchman's Lane
Easton, Maryland 21601

Central Region

201 East Baltimore Street
Suite 1340
Baltimore, Maryland 21202

Southern Region

P.O. Box 2150
La Plata, Maryland 20646

Western Region

339 East Antietam Street, Suite 5
Hagerstown, Maryland 21740

The services and facilities of the Maryland Department of Health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex or national origin and applies to the provisions of employment and granting of advantages, privileges and accommodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits and employment opportunities.

Maryland's Commitment to Veterans
P.O. Box 1000
Jessup, Maryland 20794-1000



**Maryland's
Commitment
to Veterans**

***Dedicated to those who
served our nation...***

**How Can
We Serve
You?**

1-877-770-4801

***Maryland's
Commitment to Veterans***



Martin O'Malley, *Governor*
Anthony G. Brown, *Lt. Governor*
John M.. Colmers, *Secretary,*
Maryland Department of
Health and Mental Hygiene
James A. Adkins, *Secretary,*
Maryland Department of Veteran Affairs

Are you or a Veteran you care about:

- Having trouble sleeping?
- Feeling isolated?
- Quick to anger?
- Losing interest in people and things?
- Increasing the use of alcohol or other substances?

Readjusting to civilian life is difficult, and we are here to help you through this process.



You have trained for difficult tasks before — now train for this one. We can provide the tools you need to defeat the enemy.

This initiative was started for Veterans by a Veteran . . .

Maryland Lieutenant Governor Anthony Brown, a veteran of the Iraq conflict, successfully established legislation that offers resources to those Veterans returning from Iraq and Afghanistan that have not been able to obtain timely access to wellness services.



***It is our honor
to serve you.***

Our Regional Resource Coordinators will work with you to access:

- Crisis and Emergency Services
- Substance Abuse Services
- Individual, Family and Group Therapy
- Area Resources and Referrals
- Veterans Affairs Services

You are Not Alone . . .

Call **1-877-770-4801**
to learn more about the services
available.

“Veterans returning to Maryland today are facing greater challenges than seen in a generation with repeated deployments at levels not seen since World



War II. I want to thank the Maryland General Assembly for working with us this session to pass this critical legislation to support our returning veterans. We can probably never find a way to show how much we appreciate the sacrifices made by our veterans, but by providing access to mental health services and protecting the names of our fallen soldiers, we can honor in some small way our Maryland veterans and servicemen.”

Governor Martin O'Malley



“The most basic obligation of any government is to serve those who have served on our behalf. Tragically, too many of our brave men and women are returning from Iraq and Afghanistan without the access to mental health services that they need. Under Governor O'Malley's leadership, our state is leading the nation not by pointing fingers, but by making government work — especially for our men and women in uniform.”

Lt. Governor Anthony G. Brown